

Instructions about the Protective Measures Against Infection With SARS-CoV-2

Legal basis:

- "SARS-CoV-2 Occupational Health and Safety Rule" issued by the Federal Ministry of Labor and Social Affairs (BMAS) on August 20, 2020
- "Corona Protection Ordinance" North Rhine-Westphalia in the currently valid version
- "Holding Lectures, Practical Courses, and Examinations at the Universities in the State of North Rhine-Westphalia" issued by the NRW Ministry of Labor, Health, and Social Affairs (MAGS) in the currently valid version

The main modes of transmission for coronavirus SARS-CoV-2 (COVID-19) are either via respiratory droplets and aerosols in the air (droplet infection) or indirectly via contaminated hands to the mucous membranes (mouth, nose, eyes) (smear infection).

Certain groups of people have an increased risk of severe courses of disease, see [RKI](#).

In order to minimize or prevent possible infection with COVID-19, the following protective measures and rules of conduct are implemented:

- All individuals must wear a face covering (ensuring it is on correctly) in the corridors and all other accessible areas of buildings. If you are stopped by the authorities and asked to identify yourself, you may have to fold it down briefly.
 - Strictly observe social distancing, i.e., keep a safe distance of at least 1.5 meters to other people. If the minimum distance of 1.5 meters cannot be ensured, face covering must also be worn.
 - Use the stairs instead of elevators.
 - Observe the general rules of hygiene:
 - Wash your hands regularly and thoroughly with (warm) water and soap, particularly:
 - after having direct contact with other people
 - after touching objects that may have been touched by sick persons, such as handholds in public transport, or door handles
 - before meals
 - after blowing your nose, coughing, or sneezing
 - after contact with animals
 - After washing your hands, make sure your skin is adequately moisturized and protected.
 - Avoid touching others as in shaking hands or hugging.
 - Do not touch your face or eyes with unwashed hands. Practice proper cough and sneeze etiquette (into the crook of your arm and turn away).
 - Use disposable tissues and dispose of them immediately.
- Avoid direct contact with sick people.

In addition, the following regulations pertain specifically to RWTH Aachen University:

- Persons with respiratory symptoms (unless a doctor has diagnosed a regular cold, for example) or with fever are not allowed anywhere on campus. Individuals found to exhibit acute COVID-19 symptoms must leave RWTH buildings and grounds immediately.

Date

Name

Signature

Staff Unit Occupational and Radiation Protection