

RWTH ONLINE WELCOME WEEKS
REGISTERING FOR SPORT ACTIVITIES
2 OCTOBER 2020
QUESTIONS ASKED AND ANSWERED

The following basic questions about the sport course offer and events at RWTH University Sport Center are answered in the **recorded zoom session and PowerPoint slides** available on [our Latecomer page](#).

- What courses does the University Sports Center offer?
- What events are usually organized by the University Sports Center?
- How do I register for a specific course?

Questions answered during Q&A Session:

- **How can we see which sports are available this semester?**
You can find the sport activities program at the [Search website](#).
- **How do I book a course?**
You need to have a look at the course offer on the search page linked above. Once you have found a course you are interested in, you need to access the course description. Once the timeslot for winter term have been planned, a yellow box will be available with "Winter semester" that will give you access to booking. Since course registration will start on 27 October at 4pm, you will not be able to register before.
- **How can we sign up for gym facility?**
You can register to the RWTH Gym via the [Fitness Training webpage](#). Please note that you will need to take part in an [introductory course](#) in order to use the gym and the machines. Then you can book a [Fitness Training card](#) for a specific period of time. Furthermore, you need to book a [timeslot](#) in order to go to the Gym at the moment due to the Corona regulations. The training slot booking is included in the price of your Fitness training card. With your Training Card, you can access the Gym and train on your own. The RWTH Gym also offer further Fitness courses you can check [here](#).
- **How is the situation of the RWTH-gym or courses currently with the corona restrictions?**
In order to use the Gym, you will need to book a timeslot. You cannot just show up at the Gym. Please note that for both the Gym and the courses, you will need to wear sports clothes before coming, as the changing areas are closed. Furthermore, you will need to wear a mask on your way to and from the course or gym. During training, you can remove your mask.
- **Can you explain briefly the steps for a new attender?**
 1. Check the course catalog via the [search page](#)
 2. Select one or several courses and read the description carefully
 3. Please also read the general corona information on the use of sports facilities
 4. Click on the link in the yellow box – if available – that says winter semester
 5. Register for one of the available time slots – If available
 6. Fill out the registration form and provide German bank account details if it is a paid course
 7. Get the confirmation of registration via email, print it
 8. Be dressed for the sport course before accessing the facilities (changing rooms are closed)
 9. Show the confirmation of registration to the staff
 10. Attend the course
- **Does RWTH have a football / tennis / badminton / cricket team...? How to join them?**
Check whether this sport category is offered by RWTH University Sport Center [here](#). If it is, you can register for a training and ask the trainer if there is a team that you can join.
- **Can we register for more than one sport?**
Yes you can but please make sure to attend the trainings as you might get excluded from the course if you are missing too much sessions.

- **How do we sign up for volunteering?**

You can find information on volunteering at University Sport Center events [here](#). Please note that University Sport Center is not offering any events and therefore, you will be registered on a prospective volunteering list.

- **What are the advantages of second time training times over the prime time?**

The prime time timeslots are usually booked up really quickly and they are all liable with costs due to the high demand. Second time training are sometimes free of charge and usually have more availability.

- **Can I sign up for the whole semester or only for a course period or date?**

It depends on the course. Some courses will offer registration for the whole semester directly, other for only half of the semester and you will need to re-register around January if interested in the second period and some are individual courses offered on individual dates. You will see that information when checking out the course registration of a specific course.

Example:

Achtsamkeit



Erster Zeitraum

Kursnr	Details	Tag	Zeit	Ort	Zeitraum	Leitung	Preis	Buchung
47131146	Achtsamkeit	Do	18:15-19:15	Sport- und Seminarraum	05.11.-21.01.	Hartmut Schütze	35/ 35/ 35 €	ab 27.10., 16:00



Zweiter Zeitraum

Kursnr	Details	Tag	Zeit	Ort	Zeitraum	Leitung	Preis	Buchung
47132147	Achtsamkeit	Do	18:15-19:15	Sport- und Seminarraum	28.01.-08.04.	Hartmut Schütze	35/ 35/ 35 €	ab 27.10., 16:00

Here you can see that this course is split into two course period (erster Zeitraum from 5.11. to 21.01 and Zweiter Zeitraum from 28.01. to 08.04.). It means that you will have to register and pay for each course period individually.

- **Is there a swimming course separate for males and females?**

Swimming courses are offered but not separated between male and female students.

- **How can I book a badminton court for free play?**

Unfortunately, you cannot book any badminton court. However, there are different free play [timeslots](#) offered by the University Sports Center.

- **Are any any virtual sport courses offered at the moment?**

Yes, the University Sports Center offers [digital workouts](#) regularly which are streamed via Instagram and published on RWTH's Youtube channel as well as the University Sports Center [website](#).

- **When do we have to pay for a course?**

If you are registering for a paid course, you will have to provide German bank information during the course registration for direct debit. Please note that you can only register for a paid course with a German bank account.

- **Can the blue card be used to enter the sports facilities?**

The first time you will go to a specific course, you will have to bring a printed confirmation of your registration. The University Sports Center staff will book the registration on your BlueCard so that you will only need it for further access to the course.

- **Can we attend a session for sport courses before enrolling as a paid member?**
Yes, that is possible. Please contact the trainer of the course directly in that case. For some courses (often martial art), you will need to talk with the trainer before registration.
- **If you have to change to practice your sport, is there no possibility to change inside of the building?**
In general, you will need to be prepared before entering the building. However, you can of course put on your judo jacket or fencing helmet on in the building.
- **My program is offered in cooperation with the University in Bonn. Are there sport facilities offered in Bonn which I can use or do I have to travel to Aachen to participate?**
In general, you are welcome to take sport courses in Aachen. Each university has a sports center. You should therefore contact the University in Bonn if you would like to attend classes there as the courses will not be offered by the Sport Center of RWTH or Aachen but of Bonn.
- **Can we sign up for the gym if we reach aachen in the middle of the semester?**
Yes, you can sign up for the gym and buy a Fitness card anytime during the semester.
- **Can we book courses if we are not in Aachen?**
You can if you have a German bank account. However, kindly note that you should only register for courses that you can attend. If you are missing courses because of specific circumstances (i.e. visa problems), please reach out to the University Sports Center.
- **Do students have to bring their own equipment e.g. badminton racket or will these be provided?**
Usually equipment is provided for beginners. However, please note you will have to buy your own equipment for advanced levels.
- **How do I know which course is for beginner and which one is for experienced people?**
It is indicated in the course description and you can see in the menu on the left side the different course level offers.
- **What facilities or courses are we allowed to use without charge?**
Booking facilities is always liable with costs due to the high demand. Regarding the courses, you will find the information about the costs on the respective registration page (either "entgeltfrei" or the amount required).
- **Does the gym membership include nutrition guidance and personal training as well?**
In advanced courses at the gym, you can get support from a trainer in small groups. However, please note that the trainer will not offer nutrition guidance.
- **How do we know if the sports timings are not clashing with our regular study class / lecture timings? Can we cancel the registration later on after we pay?**
The Sport course registration will start on 27 October. By that time, you should have your timetable and be able to find courses which do not clash your studies timetable. Please note that you can cancel your registration to a course and get refunded before the first sport course takes place. After that you can cancel your participation but you will not be refunded.
- **Is there any way we can get credits for enrolling in sport activities?**
Unfortunately, you cannot get credits from sports activities at RWTH.
- **Are most sports trainings only once a week?**
It completely depends on the courses. Some courses are offered every day, some of them have regularly free play timeslots, some of them have training once a week only.